

# SANDWICHES

Made with our daily stone baked flat breads.  
Served all day.

<b>Tricolore (v)(n)</b>	3.95
Green pesto, Fresh Tomatoes, Avocado, Mozzarella & Fresh Basil	
<b>Verdure (v)</b>	3.95
Roasted Pepper, Aubergine, Courgettes & fresh tomatoes.	
<b>Parma</b>	4.50
Prosciutto Ham, Rocket leaves, Mozzarella Cheese & fresh tomatoes.	
<b>Calabrese HOT</b>	4.50
N'Duja (spicy soft salami), Rocket, Fresh Tomatoes, Mozzarella	
<b>Pollo</b>	4.95
Roast chicken breast, Cos lettuce, Mayonnaise, Avocado	
<b>Classico</b>	4.50
Roast Ham slices, Tomatoes, Provolone cheese, English mustard.	
<b>Tuna</b>	4.25
Tuna & mayonnaise with roasted peppers & rocket.	

## INSALATE - SALADS

Our salads are colourful & fresh with hand-picked ingredients,  
finished with home-made dressing

	regular	grande
<b>INSALATA Di Capra (v) (gf)</b>	4.95	6.95
Mixed leaf salad, wine tomatoes, goats cheese, beetroot.		
<b>INSALATA TRECOLORE (v) (gf)</b>	3.95	5.95
Avocado, Mozzarella, wine tomatoes & basil.		
<b>INSALATA CESARE</b>	4.95	6.95
Chicken breast, Mixed leafs, croutons, Grana Padano & Cesar dressing.		
<b>INSALATA NIÇOISE</b>	4.95	7.25
Tuna pieces, mixed leaf salad, boiled egg, cherry tomatoes, beans, potatoes & black olives.		

## Breads and Appetizers

<b>Focaccia</b>	2.00
<b>Mixed Olives (V,N)</b>	2-95
<b>ARANCINI(v)</b> Rice balls filled with mozzarella	2.45 ea
<b>PIZZA STYLE GARLIC BREADS (v)</b>	
tomato	3-50
tomato & chilli	3-95
tomato & mozzarella cheese	4-25
<b>BRUSCHETTAS – GRILLED BREAD TOPPED WITH:</b>	
tomato, green pesto. onion (v)(n)	3-75
garlic mushrooms & chilli (v)	3-95
<b>CALAMARI</b>	
Crispy Squid, chilli flakes, sea salt & garlic Mayo	4.50
<b>POLPETTE</b> Beef Meatballs in a spicy tomato sauce	4.50
<b>MINISTRONE</b> Classic vegetable Italian Soup - Vegan	4-25

## PASTA

All 5.95

**PENNE SHORT PASTA TUBES WITH:**

**ARRABIATTA(V)** Spicy tomato sauce, herbs.

**BOLOGNESE** Slowly cooked beef ragu.

**PESTO(V)(N)** Creamy sauce with green pesto.

**VERDURE (Vegan)** Mixed vegetables in olive oil and fresh herbs

**BAKED PASTA**

**MELANZANE PARMIGIANA (v)(gf)**

Baked Classic Sicilian layers of aubergine, tomato and fresh basil.

**LASAGNA** Layers of pasta sheet, beef ragu, béchamel and cheese.

**CANNELLONI (v)(n)**

Fresh handmade pasta tubes filled with spinach and cheeses,  
baked with béchamel.

## MEAT AND FISH

<b>MILANESE</b>	8-25
Chicken Breast in parmesan and breadcrumb crust. Served with Rocket leaves and cherry tomatoes.	
<b>CACCIATORA</b>	8.95
Hunters style chicken breast in tomato and peppers sauce, served with rosemary and garlic roast potatoes.	
<b>POLPETTE</b>	
Beef meatballs in a spicy tomato sauce, Arborio rice	6-95
<b>MANZO</b>	
Braised beef shin, tomato sauce and mashed potato.	8.95
<b>BRANZINO</b>	9-95
Seabass Filet in tomato sauce with olives and herbs. Served with Fregola (Sardinian Style Cous Cous)	

## PIZZA

A HAND STRETCHED THIN BASE PIZZA TOPPED WITH FINE PRODUCE,  
STONE BAKED FOR AUTHENTIC FINISH.

**FUNGHI (v)** Tomato Sauce, Mozzarella Cheese and Mushrooms.

**GIARDINIERA (v)(n)**

Tomato sauce, Mozzarella, Artichokes, Peppers, Olives & Pesto.

**FORMAGI**

Tomato Sucece, Mozzarella, Dolcelatte, Pecorino chesses.

**CLASSICCO** Tomato Sauce, Mozzarela, Mushrooms & Ham.

**SALAMI** Tomato Sauce, Mozzarella Cheese & Spicy salami

**MARE** Tomato Sauce, Mozzarella Cheese, Tuna, Anchovies & Olives.

(v) vegetarian (gf) gluten free (n) contain nuts

## HOT DRINKS

### COFFEE

ESPRESSO	1.75
ESPRESSO DOUBLE	1.95
ESPRESSO MACCHIATO	1.95
CAPPUCCINO	2.25
LATTE	2.25
FLAT WHITE	2.25
MOCHA	2.95
CAFFÈ AMERICANO	2.00
HOT CHOCOLATE	2.75

TEA	1.75
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English breakfast    Green Tea  
Peppermint    Earl Grey    Camomile    Red Fruits

## COLD DRINKS

SAN PELLEGRINO SPARKLING WATER	75 cl	3.00
PANNA STILL WATER 25	75 cl	3.00
ITALIAN ELYSA MINERAL WATER		
STILL/SPARK	50 cl	2.50
COCA-COLA, DIET COKE		2.25
COCA COLA ZERO		2.25
SAN PELLEGRINO		1.95
Aranciata, Limonata		
Pineapple		2.25
JUICES		1.95
Orange, Apple, Cranberry...		
ICED TEA		2.45
FRESH ORANGE JUICE		2.45

## **DOLCI** Sweet Things

Nutella Pancakes	2.95
Profiteroles with chocolate sauce	3.50
Chocolate Tart	3.95
Pear Almond Tart	3.45
Strawberry Cheesecake	2.95
Tiramisu	3.95

## Gluten Free Cakes

Flowerless Chocolate cake	3.95
Lemon Polenta Cake	2.75